

“Mammography and Me” 2007 Conference Workshop

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Breast Cancer Risks

- Being female
- Risks increase with age
- Personal or family history of breast cancer
- Biopsy confirmed atypical hyperplasia
- Increased breast density
- Long menstrual history
- Obesity after menopause
- Recent use of oral contraceptives
- Never had children or first child after age of 30
- Consuming one or more alcoholic beverages per day

Mammography recommendations (American Cancer Society)

- Women age 40 or over—Mammogram yearly
Monthly breast self examination
Yearly clinical breast exam
- Women 20-39 should have a clinical breast exam every three years and perform breast self exams if they choose to

Most common type of breast cancer

- DCIS (Ductal carcinoma in situ) 85%
(Almost 100% diagnosed early are curable with proper therapy)

Diagnostic Procedures

- Mammogram
- Ultrasound
- Biopsy (needle or stereotaxic)
- MRI
- CAT scan
- PET scan
- Sentinel node biopsy

Treatment of Breast Cancer

- Lumpectomy
- Mastectomy
- Adjuvant therapy