

Girls Just Wanna' Have Fun

We work, take care of our families, run kids, grandkids, and our parents. We volunteer for PTA, FCE, church, RSVP, and so many other worthy organizations. We give blood to the American Red Cross, clothing to Goodwill, make dolls for Child Advocacy Day and do numerous other projects. What do we give ourselves?

Doing these things gives us great pride in knowing that we are making a difference but is there something you would like to do for you? My mom mentioned recently that she wanted to have a slumber party. She has never had one. She wanted to invite her friends to stay all night, watch movies, eat junk food, and just have some fun.

Sometimes “fun” things don’t always just happen. A plan must be made. It is too easy to not follow through if there is not a plan and a date set. So, what is something fun that you would like to do? It can be done with your family, FCE friends, church members, or others.

Some ideas include a pampering party. Bring your dishpan, nail polish, and give yourself some foot soaking, relaxing time, followed by a home pedicure. Why not do a makeover? Invite friends to bring their cosmetics over and share their ideas and tips. (But it is not a good idea to share cosmetics.) Invite a beauty consultant over to provide makeovers for your group. Then go out for a nice evening meal and a movie.

Why not do a kidnap breakfast. Choose someone (friend, relative, FCE member) and arrange with their family without that person knowing that she will be picked up early one morning and escorted (in her pajamas) to breakfast at another’s home. Have everyone come in their pajamas.

Why not try a chocolate fountain/fondue party? Have members/friends to bring different items to try out -- fruits, cookies, or breads and maybe even sample different chocolates. I personally never met a chocolate I didn’t like.

Maybe you have wanted to learn to do something: play an instrument, scuba dive, fly fishing, ride a motorcycle, or attend an opera. Whatever it is, don’t wait. Start making plans now to make your “fun” a reality.

How to follow through...1) decide what you want to do 2) choose a time, date, and location 3) decide who you want to be involved in your “fun” activity 4) ready, set, go!

This is just a “fun” project. But if you would like to share your experience with MAFCE, fill out the report and your “fun” experience may be featured in the Messenger.